

Financials

Approximate individual costs: **\$1000** plus spending money for day of shopping at local craft market

\$800 airfare Boston-Tegucigalpa

\$150 room/board at El Hogar

\$40 exit visa

Group cost: **\$3000**

\$2000 work fee

\$1000 group dinner with hosts, gift for hosts/school, lunch with honor students after church, groceries for home visit, ice cream party for students at end of week

St Andrews mission policy

1/3rd paid by individual

1/3rd paid by group fundraising if available

1/3rd paid by church if funds are available

Medical

Visit a travel clinic (should be covered under your medical insurance policy – may need to get a referral from your GP depending on your insurance). Appointment should be made by end of May (call 6 weeks in advance for appointment just to be sure!)

Shots/precautions will be reviewed with you by your travel clinic doctor/nurse.

Generally

Your tetanus shot must be up to date

Hep B three shot series (most will have completed through normal immunization schedule)

Hep A two shot series a good idea

Typhoid (a shot or can take live virus orally)

Malaria (weekly pill)

Document

You must have a current passport that will not expire within 6 months of your visit. If there is a question, renew your passport now! Allow 2 months for passport processing. Cost is generally \$7 for the pictures and \$140 for the passport.

Other travel documents will be supplied by St Andrew's (permission slip, minor traveling without adult, medical slip, norms)